Hybrid Parks Project | www.hybridparks.eu

The international workshop #5 AGOR-AGRO focuses on urban agriculture and its benefits from a socio-cultural point of view. It has been organized by Emilia-Romagna Region and the Province of Ferrara, as part of the European project Hybrid Parks Interreg IVC Programme. Green areas such as gardens, vegetable gardens or parks give an important contribution to outline urban and peri-urban landscapes. They also do improve the quality of citizens’ life. These topics will be discussed during the workshop. Moreover, surveys, guided tours, interventions and presentations provided by horticulture experts at European and local level will be organised in the course of the meeting.

The event will take place on the 6th-7th November in Ferrara, a UNESCO’s World Heritage City that represents a rare example of conservation of rural areas designed in the Middle Age within the historic city walls. On the 8th November, the meeting will continue in Portomaggiore, at Delizia del Verginese, ancient residence of the Este Dukes.

Wednesday 6th November 2013 | afternoon

14.45 Meeting point by the inner square of CASTELLO ESTENSE [A]

14.45-15.00 Walk along the city centre towards PIAZZA ARIOSTEA, an oval square designed by the architect Biagio Rossetti, was formerly called Piazza Nuova, set below ground level and well-known for the Palio horse races. [B]

15.00-15.45 Tour of JEWISH CEMETERY, an evocative, striking and silent place dominated by nature, which embraces and almost envelopes the simple gravestones, dated back to the XIX century. [C]
Via delle Vigne / Free admission with optional donation.
For the gentlemen, please don’t forget to bring a hat to cover your head.

15.45-16.00 Walk along the city centre towards PARCO PARESCHI, the original garden of the Estense Palace, built in the second half of the XV century by Pietro Benvenuto of the Franchesca Order, and then renewed by Biagio Rossetti. The park owes its name to the Pareschi, who bought the palace in the middle of the XIX Century, and replanted its garden, by then converted into allotments, in the “English” fashion. [D]
Corso Giovecca n.148
Guide: Francesco Scafuri Historical Research Office / Municipality of Ferrara

16.30-18.00 Guided tour of PALAZZO SCHIFANOIA, the first “Palace for Recreation” built for the Este family during the Renaissance period to “escape from boredom”. [E]
Via Scandiana n.23 / Admission: 2,00€

18.00-20.00 Free time

20.00 Informal dinner at HOSTARIA SAVONAROLA
Piazza Savonarola n.18 (just in front of the Cathedral and sideways the Castle under the portico)
Wednesday 6th November 2013 | map of the afternoon tour

European Union
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HYBRID PARKS
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Thursday 7th November 2013 | morning

08.30 Meeting point at **SALA DEI COMUNI / CASTELLO ESTENSE** [A]
First floor, by the helical staircase, please follow the Hybrid Parks signage

08.30-9.30 Registration, welcome and introductions
Enrico Cocchi GD Territorial Planning and agreements European and International Relations / Emilia-Romagna Region
Giorgio Bellini Councillor for Environment and Green Infrastructure / Province of Ferrara
Christian Gruessen Project coordinator / Hybrid Parks

9.30-13.15 **STUDY VISIT AND WALK ALONG THE CITY CENTRE** guided by:
Marco Lorenzetti Public Real and Urban Furniture Office / Municipality of Ferrara
Manfredi Patitucci Garden designer
Francesco Scafuri Historical Research Office / Municipality of Ferrara

9.30-10.00 Guided tour of **PARCO MASSARI**, the biggest public garden within the city walls, covering an area of about 4 hectares. Most of the trees are more than a century old: besides the two cedar of Lebanon trees at the entrance, there are some yew trees and an imposing ginkgo biloba, as well as a gigantic oak near the entrance. [F]

10.00-10.45 Walk towards **PARCO URBANO - URBAN PARK G. BASSANI**, one of the Este’s game reserves, located between the city walls and the river Po. An area of about 1,200 hectares transformed into an urban park, divided into several green spaces equipped for leisure-time activities, a place of transition between the urban area and the fields used for agriculture. [G]

10.45-11.15 Walk along **PARCO DELLE MURA** (north-eastern side) that encircles the historic centre almost without interruption for 9 kilometres. Along the walls a continuos bike and pedestrian lane has been recently realized by the Municipality. [H]

11.15-11.45 Coffee-break at **TERRAVIVA BIO** by the agricultural land managed by the Dalla Molle Bio-Pastoreria [I]
Welcome by Dalle Molle family

14.30-15.00 **GUIDED TOUR OF TERRAVIVA BIO** where two biological and biodynamic farms run a 4 hectares public area within the city walls [I]
With the introduction of:
Claudio Scaglianti Nuova Terraviva Association / President
Andrea Gandini Nuova Terraviva Association / Treasurer
Riccardo Sarto Nuova Terraviva Association / biodynamic bee-keeper

12.45-13.45 Walk towards Castello Estense

13.15-14.30 Lunch at **CAFFETTERIA / CASTELLO ESTENSE** [A]
Thursday 7th November 2013 | map of the morning tour
Thursday 7th November 2013 | afternoon

14.30-17.30  **WORKSHOP: ITALIAN EXPERIENCES OF SOCIAL VEGETABLE GARDENS**
Sala dei Comuni / Castello Estense
First floor, by the helical staircase, please follow the Hybrid Parks signage

Silvia Zucconi and Chiara Volpato
Department of Agriculture and Food Industry / Nomisma
Home agriculture in Italy: from farming hobby to social vegetable gardens

Giorgio Gianquinto Prosdocimi and Giovanni Bazzocchi
Department of Agricultural and Food Sciences / University of Bologna
*Hortis Project (EU Lifelong Learning Programme)*

Manfredi Patitucci
Garden designer
*Hybrid Parks and the “Allegory of Good Government”*

Roberta Bartoletti
Communication Sciences / University of Urbino
The new season of urban vegetable gardens in the city of Bologna: intergenerational exchanges and environmental sustainability?

Mariella Carbone
Regione Umbria
*Therapeutic Bio-diversity: Nature, Landscape, Arts and Therapy*

Gemma Borzacchini
ANCI Umbria
*Urban Horticulture by ANCI Umbria*

Michele Mellara
Mammuth Film
The making of: “God Save the Green” - a video-documentary about social vegetable gardens

17.30-18.00  Aperitivo at **CAFFETTERIA / CASTELLO ESTENSE**
Welcome by Municipality of Ferrara

18.30-20.00  Free time

20.00  Dinner at **LE DUE COMARI**
(reserved for the Hybrid Parks delegation)
*Piazza Sacrati n.22*
08.00  Meeting point at **CASTELLO ESTENSE**

08.30-09.30  **Coach travel to DELIZIA ESTENSE DEL VERGINESE**, set in the small village of Gambulaga, in the green countryside, a quaint Estense turreted villa, which, due to its small size, looks like a sort of miniature castle. Built at the beginning of the 16th century on the banks of the River Sandolo, a medieval branch of the Po that no longer exists.

09.30-10.00  Welcome Coffee at **DELIZIA ESTENSE DEL VERGINESE**
Welcome by Nicola Minarelli Mayor of Portomaggiore

**10.00-12.00**  **WORKSHOP: EUROPEAN EXPERIENCES OF SOCIAL VEGETABLE GARDENS**

- **Christian Gruesen** Hybrid Parks project coordinator / chairman
- **Geoffroy de Longuemar** Association of Parks and Gardens in Brittany
  *The development of a garden route in Brittany*
- **Liselott Johansson** Municipality of Linköping / Cecilia Liljedahl External Expert City of Linköping
  *The Skäggetorp project and other urban gardening projects in Sweden*
- **Johannes Blume** External Expert / Former City of Dortmund
  *The Green Book for Dortmund with a focus on allotment gardens*
- **Pawel Kojs and Marzena Osmalak** Silesian Botanical Garden
  *The Silesian ecological calendar*
- **Anders Szczepanski** University of Linköping
  *Out-door learning and how to use it when working with groups about perception of their neighborhood and housing area*

12.00-13.00  **Guided tour of the BROLO / GARDEN.** The garden of the palace, traditionally called "brolo" was recently restored. Originally it showed mainly flowers and fruit trees, in order to combine the pleasure of colours and scents with the useful production of fruits and vegetable for the courtship’s nutrition.

13.00-14.00  Lunch at **DELIZIA ESTENSE DEL VERGINESE BY VINAIA**

14.00-15.00  **Coach travel to BOSCO DELLA MESOLA**

15.00-17.00  **Guided tour of BOSCO DELLA MESOLA**, a fully protected area that covers an area of 1,058 hectares and represent the remains of a woodland complex, once much larger, which originated around the year 1000.

17.00-18.00  **Coach travel to Ferrara city center**
Colofon

EMILIA-ROMAGNA REGION

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The Emilia-Romagna Region would like to thank all the partners of the Hybrid Parks project and the externat experts invited for their participation to the events.
**Travelling information**

**TOURISM**

Official tourism web site www.ferraraterraeacqua.it/en
Podguides of Ferrara www.ferraraterraeacqua.it/en/podguides
4 min video about Ferrara (by an artistic point of view) www.youtube.com/watch?v=BsqA9XY6Qr8

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**CLIMATE**

Ferrara has a **warm humid temperate climate** with hot summers and no dry season. The **cold season** lasts from November to February, with an average daily high temperature below 10°C. Ferrara is famous for its **thick and heavy fogs**, so thick you feel as if you are in a murder mystery: buildings glow in the dark and sunlight filters down in the day. The fog is so dense you can smell it.

*Since we’ll programme outdoor study visit, please bring with you comfortable clothes, shoes and equipment to protect yourself from rain, mud and cold!*  

**FERRARA: A CITY OF BIKERS**

The bicycle has always had an important role in Ferrara as a means of transport. With 85 km of cycle paths, 120,000 bikes and 25% of journeys being made on two wheels, **Ferrara is one of the cities with the highest density of bicycles in the world**. It is the lightest and healthiest way to visit the large flat historic centre, which is closed to traffic, or to discover the area following the dense network of cycle paths among picturesque villages and areas of great natural beauty such as the Po Delta Park.

On the website [www.ferrarabike.com](http://www.ferrarabike.com) it is possible to find all the paths in the Ferrara area with maps, GPS files for satellite navigators, Google Earth routes, videos, audio-guides and biker-friendly accommodation facilities.