

„nature in the garden “ academy



AKADEMIE

„nature in the garden idea and overview of therapeutic gardens in
Lower Austria

Lund – workshop June 2012
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Workshop Social aspects 1 Lund, Schweden 13 – 14 june 2012



EU-Projects

- Hybrid-Parks
- ETZ-Therapeutic Gardens



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General Information

- The „nature in the garden“ – academy is the education sector of the „nature in the garden“ initiative.
- Location: Tulln, Lower Austria at the area of the sustainable gardenexhibition THE GARDEN TULLN
- The “nature in the garden” - initiative is also represented by garden consultants all over Lower Austria.



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Tasks

- Ecological gardening: mission statement:
learning – experience - understanding
- Knowledge of ecological gardening in the private and public green
- Interface between research and practice

Workspaces

- Education and development
- Teaching and motivation
- Environmental care and plant protection
- Design and enjoyment
- Historic garden practice



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Current Offers

- Courses
- Seminars
- Academic days
- Workshops
- Advice
- Information stalls
- Conferences
- Excursions
- Daily guided tours at THE GARDEN TULLN
- Daily garden practice at THE GARDEN TULLN
- Weekly family – offers at THE GARDEN TULLN



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Therapeutical Gardens in Lower Austria



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Therapeutical Gardens in Lower Austria

- Since 2003, advisory of about 75 institutions.
- Since 2005, all Health Care and Care Homes have an agreement with the Country Home Management to involve “nature in the garden” for all plannings of therapy gardens.
- For all new building projects of nursing homes and care facilities it is mandatory to reserve a part of the building budget for the therapeutic gardens.



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Therapeutical Gardens in Lower Austria

- Since 2009, networking: regulary participation in the "Garden Therapy Jour fix" at the College of Agriculture and Environmental Education Vienna, the only institution where the garden therapy course is held. Every second month newsexchange: together with experts, interested persons and projectmanagers
- Participation in the expert working group "therapy garden standard in Austria" is summarized in a policy paper, target the needs of garden therapy and therapists garden.
- As a result, a vocational for gardentherapists will be developed.



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Therapeutical Gardens in Lower Austria

Publications

- 2008 Study: „open spaces for nursing homes“
- 2010 Brochure :„open spaces for nursing homes“ applied as a guideline in Lower Austria annexed to the standard nursing home, orderd for Austria, Swizerland, Germany and The United States.
- 2010/11 study: „Conducive health perception and behavior in open and green spaces“,
- 2011: "Developing a checklist for analyzing, assessing and improvement of financing of nursing homes“ controlled by „nature in the garden“.



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Living Hope Garden for Obergrafendorf

Place: garden for day care association „Living Hope“
Obergrafendorf, Lower Austria

Construction start: 7.11.2003 hedges days Lower Austria

Construction work:
Association „Living Hope“
Self energy

Opening: Spring 2006

Area: 1600m²

Budget: 210.000 € (donation)



www.garten-therapie.de/carits_behinderten_tagesheim_obergrafendorf.html



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Living Hope Garden for Obergrafendorf

Overview
Garden Obergrafendorf



www.garten-therapie.de/carits_behinderten_tagesheim_obergrafendorf.html

Intercultural Nature Garden Greifenstein

Consultation: 2006

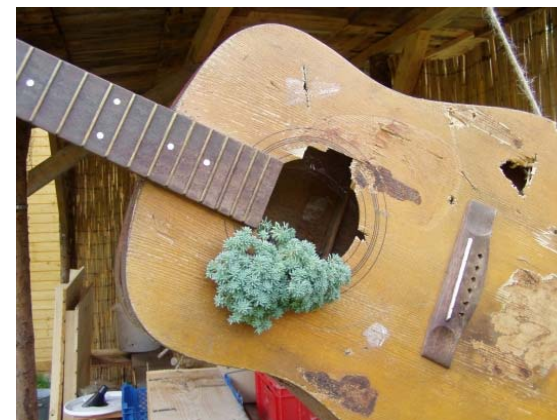
Project start: march 2007

Construction work:
Asylum applicants dorm Greifenstein
Self energy

Opening: Spring 2008

Area: ca. 10.000m²
Budget: 17.000 € for material

Place: Intercultural Nature Garden
Greifenstein, Lower Austria
Austrian Young Workers Movement / intercultural live



<http://greifenstein.oejab.at/garden/garden.html>



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Intercultural Nature Garden Greifenstein



www.garten-therapie.de/carits_behinderten_tagesheim_obergrafendorf.html



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St. Vitusheim Laa an der Thaya

Consultation: april 2002

Construction start: august 2002

Construction work:
local companies

Opening: december 2002

Area: ca. 10.000m²

Budget: 90.000 €

Place: Nature – and Therapygarden National nursing
home,
St. Vitusheim, NÖ



www.garten-therapie.de/therapiegarten_laa.html



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St. Vitusheim Laa an der Thaya



www.garten-therapie.de/therapiegarten_laa.html



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Therapeutical Gardens in Lower Austria

- **Therapeutical Garden at the GARTEN TULLN:**
- In 2006 it was created by the Austrian Horticultural Society (Fischer-Colbrie).
- With other elements on the GARDEN TULLN he is now the scene of the workshop: "Our garden therapy" for small groups of interested organizations.
Since 2012 is "Nature in the Garden" project partner of the "ETZ-garden therapy★- project" (2012-2014) As part of this project therapeutic elements at the garden Tulln will be realized in spring 2013.



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ETZ – Garden Therapy Project



- Cooperation between the Czech Republic and Austria
- Duration : 01.2012 – 09.2014
- Important Milestones:
 - Publications : topic garden therapy, printed in German and Czech
 - Development of garden therapy elements in process workshops. The participants include personnel from various social institutions which carry out even garden therapy.
 - For example: plant labyrinth, mobile raised beds, winter workplace, therapeutically valuable tools, sense way,..built on the area of THE GARDEN TULLN.



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ETZ – Garden Therapy Project



- Trainings, Symposia (international guests), study tours to Germany, Czech Republic, the Netherlands,...and Sweden ☺
- In Summary The ETZ – Garden Therapy Project stands for:

★raising great public awareness about the garden therapy topic★



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learning – experience - understanding

Thank you! Doris Astleitner & Stefan Streicher



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